

# Theo's

## STEAKS & SEAFOOD

### LUNCH MENU

#### Appetizers

|  |                          |
|--|--------------------------|
| Calamari.....7.95<br><i>Fried Or Sautéed</i> | Saganaki .....7.95       |
| Shrimp Cocktail.....8.95                     | Brushetta.....6.95       |
| Shrimp De Jonghe.....8.95                    | Fried Zucchini.....6.95  |
|  | Fried Mushrooms.....6.95 |

#### Steaks and Chops

*Our Steaks are hand Cut and Aged for 20 days*

*All Steaks and Chops are served with Soup or Salad and Choice of Potato*

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| Petite Filet Mignon.....18.95<br><i>Our Filets our super trimmed and tender</i>  | Beef Broquette.....14.95<br><i>Beef Medallions broiled to your taste and served over rice</i> |
| 12 oz Ribeye Steak.....16.95   | Half Slab BBQ Ribs.....11.95<br><i>Meaty Pork Back Ribs with our own barbeque sauce</i>       |
| 12 oz NY Strip Steak.....16.95   | Pork Chop with Apple Sauce.....10.95  |
| London Broil.....12.95   |   |
| Chopped Sirloin.....11.95<br><i>Our Prime Ground Beef sautéed to your liking</i> |   |

#### Seafood

*(All Our Seafood is Fresh Daily and can be Grilled, Broiled, Poached, Almondine, De Jonghe, Cajun, Blackened, Greek, or Vesuvio)*

*Seafood is served with Soup or Salad and Choice of Potato*

|                                |                              |
|--------------------------------|------------------------------|
| Wild Atlantic Salmon.....15.95 | Jumbo Gulf Shrimp .....15.95 |
| Tilapia.....15.95              | Catfish.....13.95            |
| Lake Perch .....15.95          |                              |

#### Chicken and Pasta

*All Chicken and Pasta is served with Soup or Salad*

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|--|---|
| Chicken Picatta.....12.95<br><i>Boneless Breast of Chicken tossed and seasoned in our own flour seasoning then sautéed in a pan and smothered with chablis wine sauce and mushrooms.</i> | Shrimp and Scallops Alfredo .....14.95<br><i>Colossal Shrimp and Sea Scallops sautéed in a creamy Alfredo sauce tossed with fettuccine.</i> |
| Chicken Marsala.....12.95<br><i>Boneless Breast of Chicken tossed and seasoned in our own flour seasoning, sautéed in a pan and glazed with marsala wine and topped with mushrooms.</i>  | Shrimp Creole Fettuccine.....16.95<br><i>Sautéed Shrimp, bell peppers, onions, and Anduille sausage in a spicy tomato sauce</i>             |
| Chicken Vesuvio .....12.95<br><i>Boneless Breast of Chicken baked with chablis wine sauce, basil, lemon, and fresh garlic. Plated with Vesuvio potatoes</i>                              | Fettuccini Alfredo.....11.95<br><i>Add Shrimp or Chicken for additional cost.</i>   |
|  | Angel Hair Marinara.....11.95<br><i>Add Shrimp or Chicken for additional cost.</i>  |

## Salads

*(All Our Salads are Accompanys By Soup, and Choice of Dressing)*

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| Triple Play .....8.95<br><i>Our Special Chicken Salad, Tuna Salad,<br/>Cottage Cheese, &amp; fruit</i>                  | New Orleans.....9.95<br><i>Shrimp, Egg, Cheddar, Swiss, Tomato,<br/>Cucumber, Artichoke, Olives, &amp; Fruit</i>  |
| Crab Louie.....9.95<br><i>Crab Meat Blend, Avocado, Egg, &amp; Fruit</i>  | Chicken Caesar Salad .....8.95<br><i>Chicken, Parmesan Cheese &amp; Croutons</i>  |
| Miss Julie Ann Salad .....8.95<br><i>Turkey, Ham, Cheddar, Swiss, Avocado,<br/>Tomato, Egg, &amp; Fruit</i>             | Stuffed Avocado or Tomato .....9.95<br><i>Stuffed With Crabmeat, or Tuna, and Served<br/>with Cottage Cheese, Potato Salad &amp; Fruit.</i>                 |
| Greek Country Salad.....8.95<br><i>Green Onion, Olives, Green Pepper,<br/>Cucumber, Feta Cheese, &amp; Potato Salad</i> | Low Calorie Plate .....9.95<br><i>Choice of Two Salads. Tuna, Chicken, or<br/>Crabmeat Blend. Served With Cottage<br/>Cheese, Tomato, Egg, &amp; Fruit.</i> |
| Cobb Salad .....8.95<br><i>Crispy Fried Chicken, Bacon, Tomato,<br/>&amp; Egg</i>                                       | Theo's Steak Salad .....14.95<br><i>Medallion Strips, Blue Cheese Crumbles<br/>&amp; Fruit</i>  |

## Croissants

*(All Croissants are complimented with Soup, Fruit and Potato)*

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|--------------------------------------|--|
| Crabmeat Salad.....8.95              | Eiffel Tower .....8.95<br><i>Slices of Slow Roasted Beef, Mozzarella<br/>Cheese &amp; Grilled Onions</i> |
| Tuna Salad .....8.95                 | Ham It Up .....8.95<br><i>Sliced Ham, Turkey, Swiss, Cheddar Cheese,<br/>Lettuce, Tomato, &amp; Mayo</i> |
| Chicken Salad .....8.95              |  |
| Corned Beef With Swiss Cheese...8.95 |  |

## Sandwiches

*All Sandwiches Served with Soup, Potato, and Fruit*

*(Substitute the soup for Salad for \$1.50)*

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| Theo's Half Pound Prime Burger ....8.95<br><i>Freshly Ground Tenderloin, Broiled to Your<br/>Liking. Name Your Topping: Bacon, Grilled<br/>Onion, Mushrooms, Cheddar, Mozzarella, &amp;<br/>Blue Cheese</i> | Turkey Cheddar Club .....8.95<br><i>Sliced Turkey, Cheddar Cheese, Lettuce,<br/>Tomato, &amp; Mayonnaise</i>                                       |
| Patti Melt.....8.95<br><i>Our Prime Ground Beef, With Onions, &amp;<br/>Mozzarella Cheese on Toasted Marble Rye</i>   | Cuban Sandwich.....8.95<br><i>Slow Roasted Pulled Pork, Topped With<br/>BBQ Sauce, Ham, Swiss Cheese, Mustard,<br/>&amp; Pickle</i>                |
| Chicken Malibu .....8.95<br><i>Chicken Breast Lightly Fried, Sliced Ham,<br/>&amp; Mozzarella Cheese</i>  | BBQ Pulled Pork Sandwich.....8.95<br><i>BBQ Pulled Pork Topped With Coleslaw</i>   |
| Original Corned Beef.....8.95<br><i>Corned Beef on Marble Rye</i>   | Theo's Steak Sandwich.....14.95<br><i>Ribeye Steak Topped With Peppercorn,<br/>Mozzarella &amp; Sautéed Mushrooms</i>                              |
| Rueben .....8.95<br><i>Corned Beef, Swiss Cheese, Sauerkraut,<br/>Served on Toasted Marble Rye.</i>   | Chicken Ciabatta .....8.95<br><i>Sautéed Chicken Breast Topped With Green<br/>&amp; Red Peppers, Mozzarella Cheese, &amp;<br/>Balsamic Glaze</i>   |
| French Dip .....8.95<br><i>Sliced Prime Rib &amp; Au Jus</i>  | Crab and Mushroom Melt .....8.95<br><i>Crabmeat Blend Salad, Topped With Mush-<br/>rooms, Mozzarella Cheese, Cheddar Cheese,<br/>on Pita bread</i> |
| Philadelphia Beef.....8.95<br><i>Sliced Prime Rib, Topped With Grilled<br/>Onions, Green Pepper, &amp; Mozzarella<br/>Cheese</i>  | Tuna Melt .....8.95<br><i>Our Own Tuna Salad on Pita Bread Topped<br/>With grilled onions, Mushrooms, &amp;<br/>Monterey Jack Cheese.</i>          |
| Turkey Bacon Club .....8.95<br><i>Turkey, Bacon, Lettuce, Tomato, &amp;<br/>Mayonnaise</i>  |  |
| Corned Beef Club .....8.95<br><i>Thinly Sliced Corned Beef, Swiss Cheese,<br/>Lettuce, Tomato, &amp; Mayonnaise</i>   |  |